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go.osu.edu/AlumniCareerManagement



Career Management

- Programs/Resources
 - Web resources, career management system, webinars, programs, career fairs, individual career advising (in-person and remotely).
- Career Changes:
 - Launching
 - Transition
 - Underemployment
 - Unemployment
 - Encore Career
- A Lifelong Process:
 - Assessment
 - Exploration/Research
 - Personal Branding
 - Networking/Job Search
 - Professional Development



Parents: Guiding Your Daughter or Son in Career Choice

Today's Agenda

- Research shows children seek career advice from parents first.
- How should you advise?
- The career planning process
- ONET – online career research
- Ohio State resources
- Resources at other colleges and universities

Be an informed advisor

- Encourage exploration.
- Communicate openly.
- Research career resources.
- Model and encourage decision making/goal setting.
- Encourage student activities, volunteerism, related summer work.
- Draft a career plan.
- Provide support.



Career Planning- A process

- Assessment- values, interests, skills
- Exploration – resources, people, events
- Decision Making – choose a major and design a plan
- Preparation- resume and research (Career Services Office)
- Networking – faculty, alumni, family
- Job Search – internship or post grad employment



O*NET

- The O*NET program is the nation's primary source of occupational information.
- The database is continually updated by surveying a broad range of workers from each occupation.
- The database also provides the basis for Career Exploration Tools, a set of valuable assessment instruments for workers and students looking to find or change careers.
- <http://www.onetonline.org/>

Resources at Ohio State



Vian Saggio
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Buckeye Careers

- Career Connection
<http://careerconnection.osu.edu/>
- University Exploration
<http://exploration.osu.edu/>
- Buckeye Careers website career resources (OnPace, JobReady Ohio, parent/student guides)
 - Internships and post grad jobs (job boards and resume database).
 - www.careers.osu.edu



HOME STUDENTS EMPLOYERS ALUMNI FACULTY/STAFF PARENTS



COMMITTED TO STUDENTS' DISCOVERY OF THEIR PASSIONS, DEVELOPMENT OF THEIR SKILLS, AND ATTAINMENT OF CAREER-RELATED EXPERIENCES.

STUDENTS 

Explore your strengths and career options. Prepare for your future. Succeed with a job/internship search.

[LEARN MORE →](#)

EMPLOYERS 

Recruit a Buckeye through Buckeye Careers Network or by attending a campus event. Connect with a college career services office.

[LEARN MORE →](#)

ALUMNI 

Access career transition services and the Buckeye Job Board. Get involved as an alum with your college's career services office.

[LEARN MORE →](#)

FACULTY/STAFF 

Assist students with their career development needs. Connect with your college's career services office.

[LEARN MORE →](#)

PARENTS 

Learn how to be involved in your student's career education. View strategies and tips to encourage student career success.

[LEARN MORE →](#)



- Home
- Profile
- Documents
- Resources
- Jobs/Internships
- Employers
- Interviews
- Events
- Calendar

Welcome, Scarlet N Gray TEST STUDENT.

- My Account
- ?
- Print
- Star
- Jump To
- Log Out

- 7**
APPLICATIONS SUBMITTED
- 1**
FAVORITE JOBS
- 3**
FAVORITE EMPLOYERS

JUMP TO

College of Arts and Sciences - FutureLink

College of Engineering - ECS CareerEngine

Fisher College of Business - FisherConnect

NEWS FEED

Show Me



REMINDER

You have **1** upcoming career fair RSVP.



ANNOUNCEMENT

What is Buckeye Careers Network?

A few questions and answers for you!

[Continue Reading...](#)



ANNOUNCEMENT

True or False:

Employers can search for you in EHECareers

[Continue Reading...](#)

[View All Announcements](#)

SHORTCUTS

- [Help with Buckeye Careers Network](#)
- [Search for Jobs/Internships](#)
- [Career Explorer](#)

GETTING STARTED

- [Account Created](#)
- [Personal Profile](#)
- [Academic Profile](#)
- [Privacy Settings](#)
- [Resume](#)



HOME STUDENTS EMPLOYERS ALUMNI FACULTY/STAFF PARENTS



JobReady Ohio

A CO-OP AND INTERNSHIP PROGRAM

JobReady logo

JobReady: Ohio Industry Internships & Co-ops

Welcome Students!

The JobReady for Ohio Industry Internships & Co-Ops program aims to connect currently enrolled 2-year and 4-year degree students from The Ohio State University, Columbus State Community College, and North Central State College with employers in industries such as energy, automotive, information technology, and financial services.

Important information to help you get started:

- [Learn more about the JobReady program](#)
- [Requirements to participate as a student](#)
- [Timeline of the program](#)
- [Training Module Information](#)

Documents

- 📄 [JobReady Program Agreement \(41 Kb PDF\)](#)
Program Agreement Form
- 📄 [JobReady Student Participation Requirements \(151 Kb PDF\)](#)
Information for prospective applicants

STUDENTS

[Buckeye Careers Network](#)

[Buckeye Internships](#)

[Buckeye OnPace](#)

[JobReady](#)

- ▶ [About the Program](#)
- ▶ [Student Participation Requirements](#)
- ▶ [Timeline](#)
- ▶ [Training Module Information](#)

[Campus Job Fair](#)

[Learn More about Myself](#)

[Your Rights & Responsibilities as a Job Seeker](#)

[Career Fairs](#)

CAREER OFFICE SEARCH

Use the following search engine to identify the career services office or professional that most closely addresses your career management needs. (Note: all graduate and professional programs begin with "Grad.")

Program:

Home ▶ Modules

Modules

Finding Your FOCUS



Learning about Yourself ▶

Relating Interests to Majors and Careers ▶

Decision-Making Factors ▶

Decision-Making Techniques ▶

Integrating Social Responsibility with Career ▶

Developing Skills through Experiences



Your Experiences Count! ▶

Experiences That Build Technical Skills ▶

Experiences That Build Transferable Skills ▶

Assessing and Communicating Your Technical and Transferable Skills ▶

Managing Stress



Introduction to Stress Management ▶

Coping with Stress in the Moment ▶

Strategies to Reduce Your Overall Stress Level ▶

Writing Your Resume and Interviewing



Polishing Your Job Etiquette Skills



Searching for Jobs and Internships





HOME STUDENTS EMPLOYERS ALUMNI FACULTY/STAFF PARENTS



Parents & Family

For most students, parents and family members are cited as the primary source of influence on their career development. We encourage you to stay involved and please refer to the resources at this site.

For more general information, visit the Parent and Family Relations site at <http://parent.osu.edu/> to learn more about this office and topics relevant to parents and family members.

PARENTS

- [How Families Can Be Supportive](#)
- [Get Involved with Career Services](#)
- [Four-Year College Plan](#)
- [Additional Tips for Career Success](#)
- [Orientation2013](#)

CAREER OFFICE SEARCH

Use the following search engine to identify the career services office or professional that most closely addresses your career management needs. (Note: all graduate and professional programs begin with "Grad.")

Program:

<http://careers.osu.edu/parents/four-year-college-plan/>

College Career Links

Ohio

Cleveland State University:

- <http://www.csuohio.edu/offices/career/students/>
<http://www.csuohio.edu/offices/career/tips/>

Kent State University:

- <http://www.kent.edu/career/families.cfm>
<http://www.kent.edu/career/jobs/index.cfm>

Miami University:

- <http://www.units.miamioh.edu/careers/>
<http://www.units.muohio.edu/careers/parents/opportunities.shtml>

Ohio University:

- <http://www.ohio.edu/careerandleadership/>
<http://www.ohioalumni.org/career-help>

University of Akron:

- <http://www.uakron.edu/career/current-students/connect-your-major-and-career/>
<http://www.uakron.edu/career/job-search-resources/>

University of Cincinnati:

- http://www.uc.edu/career/students/career_exploration.html

University of Dayton:

- <http://www.udayton.edu/careerservices/>

College Career Links

Big Ten

Indiana University:

- <http://www.indiana.edu/~career/>
<http://www.iub.edu/student/career.shtml>

Michigan State University:

- <http://careernetwork.msu.edu/jobs-internships/finding-a-job/index.html>
<http://careernetwork.msu.edu/exploring-options/index.html>

Penn State University:

- <http://studentaffairs.psu.edu/career/parents>
<http://studentaffairs.psu.edu/career/students/exploring.shtml>

Purdue University:

- CCO Center for Career Opportunities <https://www.cco.purdue.edu/>
- <http://webs.purduecal.edu/careerservices/student-information/self-assessment-career-exploration-and-planning/a-career-development-and-planning-model/>

University of Michigan:

- <http://careercenter.umich.edu/>
<http://www.hr.umich.edu/career/>

Questions or Comments?

Email questions to careers@ohiostatealumni.org



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